



Hyperlipidemia: Advanced Lipid Testing

Standard cholesterol panels do not capture full cardiovascular risk. Advanced lipid testing reveals particle number, size, and atherogenic burden. This deeper insight guides precision prevention. Knowledge changes strategy.

Tests such as ApoB, LDL-P, and particle size assess how many cholesterol particles circulate, not just how much cholesterol they carry. High particle number increases plaque formation risk even with normal LDL.

Lab trends may show discordance between LDL and ApoB, explaining unexpected disease.

Advanced testing allows earlier, targeted intervention.

01 Is This Your Story?

A patient with “normal” LDL develops early coronary plaque. Advanced testing reveals elevated ApoB. With lifestyle changes and tailored therapy, progression slows and future events are prevented.

02 Try This Today

Measure: Ask whether ApoB or particle testing has been done.

Do: Review lipid risk beyond total cholesterol.

Reflect: Ask whether testing matches your risk level.



Select a plan:

<https://tinyurl.com/healthyu-amaze>

